

Activities at Summerlea United Church



Meals on Wheels – (Tuesday & Thursday mornings)
To volunteer please contact – Linda Lackey 514-634-7730

Summerlea Choir – Lucia Williams; 514-634-2651
 Octet Plus Choir – Connie Osborne; 514-634-6362



PICKLEBALL

Pickleball (Mon & Wed afternoons) – Anthony Joseph; 514-634-3785

Pickleball (Thurs afternoons) – Pierre Lagacé; 514-634-0772

Pickleball (Fri morning) – Elaine Keroack; 514-637-7312

Badminton (Mon am) - Elizabeth Findlay; 514-634-9189

Badminton (Tues am) - Linda Lackey; 514-634-7730

Badminton (Tues afternoons) – Jocelyne Michel; 514-637-5775

Badminton (Thurs am & Fri even.) – Ann Cockhill; 514-634-3835



Badminton



Fitness 55+

Tai Chi (Wed mornings 9:30am-11:00am) – Rick Ippersiel; 514-246-6139

Fitness 55+ (Wed afternoons 1:30pm) – Colleen Kilkenny; 514-867-8719

Chair Yoga (Mon & Thurs afternoons 2:30pm) – Colleen Kilkenny; 514-867-8719

Hatha Flow Yoga (Mon & Thurs afternoons 1:00pm) - Colleen Kilkenny; 514-867-8719



Chair Yoga

Karaté (Sat am) – Pascale & Sylvain Lamoureux; 514-501-3979

Piano Lessons (Sundays) – Elizabeth Burnell; 514-813-3994

Flute Lessons (Friday after/even) – Sylvia Niedzwiecka; 514-509-8115

Scouts (Tues/Thurs evenings) – Sandy Bartlet; 514-639-0407

Guides (Mon/Tues/Wed/Thurs evenings)

Mondays – Girl Guides – Ruth Blanchette; 514-686-3731

Tuesdays – Brownies – Cat Michaud; 514-710-2935

Wednesdays – Sparks – Sue McKenzie; 514-637-7605

Thursdays – Pathfinders – Julie Demanins 514-639-3722

Piano Lessons



Flute Lessons



Karaté



Girl Guides
of Canada

